



# Alcohol, Drugs and Development: **ADD Curriculum**



Family in a slum area in Mumbai, India. Alcohol and drugs are in many areas closely linked to poverty. (Photo: Rune Eraker)



FORUT - CAMPAIGN FOR DEVELOPMENT AND SOLIDARITY  
Web: [www.add-resources.org](http://www.add-resources.org) • [www.forut.no](http://www.forut.no)  
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There is almost an unlimited number of books, research reports, articles, manuals, pamphlets etc on many aspects of the alcohol and drug problems. The specifics of alcohol and drugs as a development issue are not that well documented, but the quantity and quality of available material is steadily increasing.

For most of us, however, the problem is not that there is too little documentation. The problem is rather to choose the most relevant pieces among the many available possibilities. In the following we have made some suggestions as to where to start for a person who is a newcomer to the field of alcohol, drugs and development.

Under each of the sections below the suggested material is only presented by their titles. Details on each of the publications, including where they can be downloaded or ordered, can be found in the complete list at the bottom of this paper.

## **If you have only half an hour...**

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### **Alcohol, Drugs and Development Strategy**

FORUT brochure

### **Public health problems caused by harmful use of alcohol**

Report by the WHO Secretariat (A58/18)

## **If you want to learn more of the basics on alcohol in developing societies**

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### **Alcohol in Developing Societies: A Public Health Approach – A Summary**

(Robin Room et al)

## **More on alcohol as a development issue**

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### **Alcohol in Developing Societies: A Public Health Approach**

– Chapter 1 - 5 in the book

(Robin Room et al)

### **Strategies to Address Alcohol Problems**

– Chapter 2: Why is a Response Needed?

(Diyath Samarasinghe)

**The Promise of Youth; Concerning the alcohol industry and its targeting of youth in developing societies**

(Ingvar Midthun)

FORUT will produce a series of fact sheets on specific aspects of alcohol as a development issue. The fact sheets can be downloaded here:

[www.add-resources.org/facts](http://www.add-resources.org/facts)

**Health and social problems related to alcohol and drugs**

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**World Health Report 2002**

– chapter 4, Quantifying Selected Major Risks to Health:

(World Health Organization)

**Evidence-based strategies and interventions to reduce alcohol-related harm  
Global assessment of public-health problems caused by harmful use of alcohol  
Report from the WHO Secretariat to the World Health Assembly 2007**

**Alcohol: No Ordinary Commodity – Chapter 2 -4**

(Thomas Babor et al)

**Alcohol in Developing Societies: A Public Health Approach**

– Chapter 6 of the book.

**Alcohol in Europe – The Summary and Chapter 3, 5 and 6.**

(Peter Anderson and Ben Baumberg)

**Assessment of Alcohol and Drug Problems**

(FORUT)

**Strategies and interventions**

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**The FORUT Approach to Alcohol and Drug Prevention**

(FORUT)

**Ten Steps; Alcohol and Drug Prevention for Development Agencies**

(FORUT)

**Evidence-based strategies and interventions to reduce alcohol-related harm  
Document A60/14 Add.1 to the World Health Assembly 2007**

**Alcohol: No Ordinary Commodity**

(Thomas Babor et al)

**Alternative 1: The Summary of the book**

**Alternative 2: Chapter 16 of the book – Alcohol Policies; A Consumer’s Guide**

**Alternative 3: Chapter 5 - 15**

**Strategies to Address Alcohol Problems – Chapter 4 -8**

(Diyanath Samarasinghe)

**Alcohol in Developing Societies: A Public Health Approach**

**– Chapter 7, 8 and 9.**

(Robin Room et al)

## **The substances and their effects**

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The World Health Organization has produced a set of fact sheets on the various substances of abuse; their physiological and psychological effects, methods of use, their epidemiology etc.

The fact sheets can be downloaded her:

[http://www.who.int/substance\\_abuse/facts/en/](http://www.who.int/substance_abuse/facts/en/)

Also available in other languages than English.

A Lexicon of alcohol and drug terms can also be downloaded from the WHO web site:

[http://www.who.int/substance\\_abuse/terminology/who\\_lexicon/en/index.html](http://www.who.int/substance_abuse/terminology/who_lexicon/en/index.html)

## **Tools for development NGOs**

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FORUT has produced a set of tools for development NGOs who want to involve in alcohol and drug prevention as part of their strategies and projects:

- Ten Steps; Alcohol and Drug Prevention for Development Agencies
- Assessment of Alcohol and Drug Situation
- FORUT Approach to Alcohol and Drug Prevention

The tools can be downloaded here:

[www.add-resources.org/tools](http://www.add-resources.org/tools)

## Relevant web resources

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The ADD web site can be used as a gateway to web resources on alcohol and drugs as a development issue:

[www.add-resources.org](http://www.add-resources.org)

Here you can also find recommended links to other relevant web sites:

[www.add-resources.org/links](http://www.add-resources.org/links)

## Updates

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If you want to receive updates on alcohol, drugs and development by e-mail, you are invited to subscribe to our electronic newsletter ADD Bulletin. Send an e-mail to:

[add.bulletin@forut.no](mailto:add.bulletin@forut.no)

## Complete list of publications

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Here are more technical details about the publications mentioned above, including where to download those of the publications that are available on the web. The publications are listed in the same order as their appear above.

### **Alcohol, Drugs and Development Strategy**

FORUT brochure, 2003

For download:

<http://www.add-resources.org/alcohol-drugs-and-development-strategy.444182-76585.html>

### **Public health problems caused by harmful use of alcohol:**

#### **Report by the WHO Secretariat (A58/18)**

For download:

[http://www.who.int/substance\\_abuse/report\\_to\\_secretariat\\_wha\\_58\\_public\\_health\\_problems\\_alcohol.pdf](http://www.who.int/substance_abuse/report_to_secretariat_wha_58_public_health_problems_alcohol.pdf)

### **Alcohol in Developing Societies: A Public Health Approach - Summary**

(Robin Room et al)

Finnish Foundation for Alcohol Studies in collaboration with The World Health Organization. 2002. For download:

[http://www.who.int/substance\\_abuse/publications/alcohol/en/index.html](http://www.who.int/substance_abuse/publications/alcohol/en/index.html)

**Alcohol in Developing Societies: A Public Health Approach (The book)**

(Robin Room et al)

Finnish Foundation for Alcohol Studies in collaboration with The World Health Organization. 2002. ISBN 92-4-159046-7. May be ordered from the WHO website: <http://www.who.int/bookorders/anglais/detart1.jsp?sesslan=1&codlan=1&cod-col=93&codcch=199>

**Strategies to Address Alcohol Problems (Diyanath Samarasinghe)**

FORUT/Colombo – Campaign for Development and Solidarity 2004.

ISBN 995-91-93-03-1. Can be ordered free of charge from FORUT: [add@forut.no](mailto:add@forut.no)

**The Promise of Youth; Concerning the alcohol industry and its targeting of youth in developing societies**

(Ingvar Midthun). Published by FORUT 1996. Can be ordered from FORUT in paper versions, English and Norwegian (ISBN 82-991435-2-7)

Can be downloaded here: [www.add-resources.org/publications](http://www.add-resources.org/publications)

**World Health Report 2002**

World Health Organization

Chapter 4, Quantifying Selected Major Risks to Health:

[http://www.who.int/whr/2002/en/whr02\\_ch4.pdf](http://www.who.int/whr/2002/en/whr02_ch4.pdf)

The complete report/all chapters:

<http://www.who.int/whr/2002/en/>

The paper version can be ordered here:

<http://www.who.int/bookorders/anglais/detart1.jsp?sesslan=1&codlan=1&cod-col=24&codcch=2002#>

**Evidence-based strategies and interventions to reduce alcohol-related harm  
Global assessment of public-health problems caused by harmful use of alcohol  
Report from the WHO Secretariat to the World Health Assembly 2007  
(Doc A60/14)**

[http://www.who.int/gb/ebw/wha/pdf\\_files/WHA60/A60\\_14add1-en.pdf](http://www.who.int/gb/ebw/wha/pdf_files/WHA60/A60_14add1-en.pdf)

**Alcohol: No Ordinary Commodity (The book)**

(Thomas Babor et al)

Oxford University Press in collaboration with The World Health Organization. 2003.

ISBN 0-19-263261-2

Can be ordered via local book stores or web-based bookshops.

**Alcohol : No Ordinary Commodity - Summary**

Article in Addiction, 2003, vol.98, s.1343-1350

For download:

<http://www.blackwell-synergy.com/doi/full/10.1046/j.1360-0443.2003.00520.x?cookieSet=1>

**Alcohol in Europe**

(Peter Anderson and Ben Baumberg), Institute of Alcohol Studies 2006

A summary and all chapters can be downloaded here:

[http://ec.europa.eu/health-eu/news\\_alcoholineurope\\_en.htm](http://ec.europa.eu/health-eu/news_alcoholineurope_en.htm)

**Assessment of Alcohol and Drug Problems**

(FORUT)

Can be downloaded here: [www.add-resources/tools](http://www.add-resources/tools)

**The FORUT Approach to Alcohol and Drug Prevention**

(FORUT)

Can be downloaded here: [www.add-resources/tools](http://www.add-resources/tools)

**Ten Steps; Alcohol and Drug Prevention for Development Agencies**

(FORUT)

Can be downloaded here: [www.add-resources/tools](http://www.add-resources/tools)

**Evidence-based strategies and interventions to reduce alcohol-related harm**

**Report from the WHO Secretariat to the World Health Assembly 2007**

Can be downloaded here:

[http://www.who.int/gb/ebwha/pdf\\_files/WHA60/A60\\_14-en.pdf](http://www.who.int/gb/ebwha/pdf_files/WHA60/A60_14-en.pdf)